



ATA TAEKWONDO USA

(630) 271-1200

Darien Schedule ~ effective Monday, December 19, 2016– Schedule subject to change



ATA TIGER SCHEDULE

Basic (White – Green Belt)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4:30-5:10				9:30-10:10
5:40-6:20	6:20-7:00	4:30-5:10	6:20-7:00	4:30-5:30	

Black Belt Club (White – Green Belt)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4:30-5:30				9:30-10:30
5:40-6:40	*6:00-7:00	4:30-5:30	*6:00-7:00	4:30-5:30	

Leadership

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:20-7:50	4:50-5:20	6:00-6:30 SWAT/DELTA	5:50-6:20		

SWAT class is on Wednesday at 6:00pm

DELTA class is on Wednesday at 6:00pm

Instructor Class is on Wednesday at 6:30pm

- **Classes of 3 or less may be shortened by a few minutes**
- *** symbol before time indicates Sparring/Board Breaking is before class**
- Friday is Taekwondo T-shirt day (all students may wear a taekwondo t-shirt with their ATA pants & Belt)
- Private lessons are available by appointment.