

# ATA Martial Arts –Taekwondo USA/ Karate for Kids – Homewood Schedule

Effective August 18, 2015

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Facebook.com/HomewoodATA

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ATA TIGERS (4-6 YRS)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY **	SATURDAY
White - Purple	Basic 6:20 - 6:50 BBC 6:20 - 6:50/7:10	Basic 5:00 - 5:30 BBC 5:00 - 5:30/5:50	Basic 6:20 - 6:50 BBC 6:20 - 6:50/7:10	Basic 3:45 - 4:15 BBC 3:45 - 4:15/4:35	Basic 12:20 - 12:50 BBC 12:00/12:20 - 12:50

JUNIORS	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY **	SATURDAY
White - Purple	Basic 7:10 - 7:40 BBC 6:50/7:10 - 7:40	Basic 5:50 - 6:20 BBC 5:30/5:50 - 6:20	Basic 7:10 - 7:40 BBC 6:50/7:10 - 7:40	Basic 4:35 - 5:05 BBC 4:15/4:35 - 5:05	Basic 11:30AM - 12:00 BBC 11:30AM - 12:00/12:20
Blue - Red & Blk.Rec	5:30/5:50 - 6:20	6:20 - 6:50/7:10	5:30/5:50 - 6:20	5:40/6:00 - 6:30	10:40/11:00AM - 11:30
Black Belt	5:00 - 5:30/5:50	6:50/7:10 - 7:40	5:00 - 5:30/5:50	5:10 - 5:40/6:00	10:10AM - 10:40/11:00

ADULTS	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY **	SATURDAY
All Belts, White - Black				Basic 10:35AM - 11:10 BBC 10:15AM - 11:10	Basic 8:45AM - 9:15 BBC 8:45AM - 9:15/9:35
	Basic 7:45 - 8:15 BBC 7:45 - 8:15/8:35	----- -----	Basic 7:45 - 8:15 BBC 7:45 - 8:15/8:35		

LEADERSHIP	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY **	SATURDAY
Leadership, XMA, Creative				6:35 - 7:15*	9:35AM - 10:05
SWAT / DELTA TEAM TRAINING				7:15 - 7:45	

*All times PM unless otherwise noted.*  
 x:xx / x:xx = BBC Spar & Weapon time.  
 Bring all gear & weapon of the cycle to ALL classes.

\* **Friday Leadership** includes Instructor Training for all Leadership Students

**\*\* T-shirt & Baggy Day**

On regular Fridays students may wear a Taekwondo T-shirt with their uniform pants or Taekwondo baggies.  
 Always wear the correct belt. Traditional uniform always acceptable.

**Mondays 4p to 7p, by appointment only: Membership business, Intros, Private Lessons**

**Refer a Friend -- get \$10 Karate Bucks!**